

Health & Wellbeing

Achieving Excellence through Football

National Progression Award Level 6



Course Length	1 Year
Entry Requirements	Higher PE (or studying Higher PE)
Intended Audience	S5-S6
Number of Units	3
Assignment/ Added Value Unit	NO
Course Exam	NO

Course Description

This course is designed for you, if you aspire towards an 'Elite' status in football.

You will explore how to develop the physical, technical and tactical elements of your performance through both practical and classroom settings.

Completing this course will support you towards a career in Sport & Fitness.

Expectations for Homework

Regular homework will be issued to assist in the completion of assessments.

Skills Focus



Additional Course Information

You must still be actively involved in football outside of school.

Due to the high football standard of this course, suitability will be at the discretion of the PE department.

This course explores how you can enhance your football performance through an evaluation and analysis process. You will also present information on the Laws of the Game as part of one of the units.

There is no external exam for this course. It is primarily practically based but there will be classroom sessions to support delivery and analysis of performance.